

Comprehensive Management for Adolescent Living with HIV

Course contents:

This course is an international training course which provides Health care professionals the knowledge on Comprehensive Management for Adolescent Living with HIV. The course has been designed to strengthen capacity of health professionals to effectively address the needs of young people living with HIV.

The training course is presented in 6 modules as follow:

Module 1: Case Finding and Friendly HIV Service and Site Visit

This Module focuses on the identification of HIV and interaction between HIV-infected adolescents and the others which is comprised of 3 sessions as following; Youth friendly services, High tea with youth and family and site visit.

This module covers the topics as follow:

1.1 Youth Friendly Services

1.1.1 Identify youth, Access Entry

1.1.2 Youth friendly services (Positive and Negative Prevention)

1.1.3 Share country experiences

a) Number of positive youth

b) Common problem

c) Challenges in access/entry point

1.2. High Tea with Youth and Family

1.2.1 Interview 6 adolescences and 2 caretakers

1.2.2 Community Involvement

1.3. Site Visit PATH2Health Foundation and Youth Friendly Clinic at Bangrak Hospital

Module 2: Clinical Management on ARV and Adherence

This module focuses on updated HIV care and treatment service, Common problems and promotion intervention of treatment adherence which is comprised of 2 sessions as following; HIV treatment and care for adolescents and Program management and quality improvement.

This module covers the topics as follow:

2.1 HIV Treatment and care for adolescences

2.1.1 Updated ARV treatment guidelines for children and adolescents

US, PENTA, WHO and Thai (2014) guidelines

2.1.2 Management of ARV resistant cases; genotypic testing and interpretation, how to choose 2nd and 3rd ARV regimens

2.1.3 Important OI and how to manage

2.1.4 Management of ARV adverse events; acute and long term side effects (including metabolic/endocrine/cardiovascular complications and specific organ involvement – bone, renal)

2.1.5 Approach to maintain good adherence

2.1.6 Other care – Vaccine, contraception

2.1.7 Share experiences

- a. The system of service care of HIV infected adolescents
- b. The available ARV and its guideline for adolescents in their countries

2.2 Program Management and quality improvement

2.2.1 Overview HIV situation and HIV positive youth in Thailand and HIV health care system

2.2.2 Pediatric HIV care network/Community involvement/task shifting for caring HIV-infected youth

2.2.3 Monitoring HIV performance and quality improvement in Thailand

- NAP/EWI/HIVQUAL data
- Share experiences
- Exercise
- Target for QI
- Develop QI memo

Module 3: Psychological Aspect of Adolescents Living with HIV

This module emphasizes on management of psychological aspect and counseling HIV-infected adolescents including their families.

This module covers the topics as follow:

3.1 Psychosocial aspects of adolescence living with HIV

3.1.1 Psychosocial development of adolescence living with HIV

3.1.2 Impact of HIV infection on adolescence and caretakers

3.1.3 The psychosocial needs of adolescence living with HIV

Module 4: Pediatric HIV disclosure

This Module provides the HIV diagnosis disclosure to HIV-infected child. It is consisted of 2 sessions as following; Pediatric HIV disclosure and Mini workshop on disclosure.

This module covers the topics as follow:

4.1 Pediatric HIV disclosure

- 4.1.1 General consideration for disclosure of HIV diagnosis to perinatally HIV infected adolescents
- 4.1.2 Common concerns and barriers for disclosure
- 4.1.3 Steps in pediatric HIV disclosure
- 4.1.4 Outcomes of pediatric HIV disclosure
- 4.1.5 Telling diagnosis to behaviorally-acquired HIV infected adolescents

4.2 Mini workshop on disclosure

- 4.2.1 Demonstration
- 4.2.2 Practice/discussion

Module 5: Counseling and Dealing with Behavioral Problems in Adolescence Living with HIV

This module emphasizes on the effect technique in communication and counseling, assess problematic behaviors and referral related services.

This module covers the topics as follow:

5.1 Counseling and dealing with behavioral problems in adolescents living with HIV

- 5.1.1 Establishing trust and rapport with adolescences and caretakers
- 5.1.2 Effective communication technique
- 5.1.3 Tips on counseling with adolescence
- 5.1.4 Assessing behavioral problems in adolescence
- 5.1.5 Dealing with common behavioral problems

Module 6: Comprehensive Transition from Adolescence to Adult, Positive Prevention, Health Promotion

This module aims to ensure that HIV-infected adolescents are successfully and seamlessly integrated onto an adult care setting.

This module covers the topics as follow:

- 6.1 Intervention to improve knowledge/ attitudes to youth
- 6.2 Share manuals/tools (Market place)

Target Audience and Qualifications:

1 Target audience: Focusing on developing countries in Asia and other region that have problems in HIV-infected adolescents (approximately 25-30 persons). Initially 3 persons of multidisciplinary team from each country are expected.

2 Qualifications of audience:

1. Doctor, nurse, counselor, pharmacist or other health personnel, who are responsible in adolescent living with HIV program and had experience in this part at least 2 years, prefer multidisciplinary team from one hospital or a country.
2. Age between 27 to 50 years old.
3. Be in good physical and mental health in order to undergo and be able to attend the entire course.
4. Expected to continue working in the adolescent HIV/AIDS care programme / services after finishing this course.

3. Advance assignments:

Participants are required to prepare their country profile on HIV/AIDS and adolescent HIV/AIDS care programme consisting of

- Demographic data
- Situation of HIV/AIDS including HIV prevalence among adolescent around 15-24 years old
- Epidemiology/ Policy/ HIV/AIDS
- Maternal and child health services system
- HIV counseling and testing services
- Care service for HIV infected adolescents
- Pediatric HIV/AIDS care programme implementation including M & E/ Public Health Services System
- Community participation in health care systems especially adolescents HIV/AIDS care programme.

Training day:

The training day will be 5 days from 23 – 27 November 2015 according to curriculum and lesson plan of lecturer as well as teaching methods.

Teaching methods:

Teaching methods used in this course which are based on lecture such as discussion, case based discussion, experience sharing, brain storming, role play, group working, after action review (AAR), and site visit.

Training Language: English language

Training Venue: The training and accommodation will be arranged at the Narai Hotel which located on Silom Road, Bangrak, Bangkok, Thailand.

Organizing Agency: International Training Center on AIDS, TB and STIs (ITC), Bureau of AIDS, TB and STIs

Department of Disease Control, Ministry of Public Health, Thailand.

Co-Organizer: Thai Medical Society for the Study of Sexually Transmitted Diseases

Responsible person: *Mrs. Tanaphan Fongsiri*

Chief of International Training Center on AIDS, TB and STIs

Tel. +66 2 590 3362 Mobile +66 81 735 2834 Fax +66 2 591 8413

Email: tanaphanf@gmail.com

Miss Wannapa Thammapala

Training Coordinator on AIDS, TB and STIs

Tel. +66 2 590 3362 Mobile +66 89 442 2517 Fax +66 2 591 8413

Email: wannapa.thammapala@gmail.com

Email: training@itcthai.org

Course Director: *Dr. Rangsim Lohlekha*

Pediatric Expert, Thailand MOPH- U.S. CDC Collaboration

Dr. Witaya Petchdachai

Pediatric Expert, Phrachomklao Petchburi Hospital